



Aging & Disability Resource Center Advisory Committee
Minutes of Meeting

Tuesday, February 5, 2012

Call to Order

The meeting was called to order by Haberman at 1:00 p.m.

Roll Call

Present: Nancy Haberman, Chair; Carol Battenberg, Jim Mode and Earlene Ronk.

Also Present: Sue Torum, Sharon Olson and Denise Grossman, ADRC staff.

Certification of Compliance with Open Meetings Law

Torum certified compliance.

Review Agenda

The agenda was reviewed.

Public Comment

None

Approval of 12/4/12 Minutes

A motion to approve the 12/4/12 minutes was made by Ronk and seconded by Steppke. The motion passed unanimously.

Communications

Torum read the 1/16/2013 letter from the Greater Wisconsin Agency on Aging Resources, GWAAR, approving the 2013-2015 Aging Unit Plan and Budget.

Advocacy

The Governor's budget will be completed shortly. There are three advocacy issues that members were made aware of: 1) Family Care Expansion; 2) Transportation & 3) Senior Dining. The materials prepared by GWAAR were reviewed and members were encouraged to call in their support and to share with others as they are able.

Ronk inquired if the ADRC has an email distribution list of known individuals who would be interested in these advocacy opportunities when they come up. Torum said that this is something worth developing at the local level and also said the Senior Statesmanship Program should be offered annually. The last class was in 2008.

Second Harvest's 2013 Senior FoodShare Outreach Project

Second Harvest has received a \$100,000 grant from Feeding America to target FoodShare outreach to people age 60+. Denise Grossman has been asked to sit on the advisory committee. Grossman provided handouts about the project. She pointed out that in Southwestern WI there are 43,084 seniors' age 65+ living households under the FoodShare income limits, and only 40,000 more are enrolled statewide! Grossman talked about outreach and marketing projects Second Harvest might undertake to make people aware of this program.

2012 ADRC Activity Report

During 2012, the ADRC had 5,269 contacts; this includes phone calls, emails, walk-ins or homevisits. The majority of calls were made by individuals wanting help and the largest group of calls was made on behalf of elderly consumers. Due to the end of waiting lists, 192 individuals were enrolled into publicly funded long term care. According to customer satisfaction surveys, people are still highly satisfied with the services they receive from the ADRC!

Dementia Care Specialist Pilot Project

Susan Konkel has been hired as the county's Dementia Care Specialist. She recently went to a required training and learned about two Evidence Based Prevention Programs that will be implemented through the grant in Jefferson County. The first, Memory Care Connections links caregivers and their family and friends to dementia care services on a weekly basis for approximately 6 weeks. This program supports the caregiver in developing a plan of needed supports so that they can continue to care and get the help they need to do so. The evidence shows that this program helps people remain at home up to 18 months longer.

The second program called LEEPS is a Language Enriched Exercise & Socialization Program to provide people with dementia meaningful activity and interactions with others. This program relies heavily on volunteers who follow individuals in their own homes. Again, these interactions are shown to help delay institutionalization.

2012 Aging Unit Self-Assessment

The assessment document was reviewed and discussed. Highlights include:

- The committee is still short one member who needs to represent persons with developmental disabilities.
- Advocacy is a central tenant of the work the ADRC does. The various ways that the ADRC teaches people to be self-advocates was discussed.
- All of the 2010-2012 goals were met.
- Unplanned for accomplishments were reviewed, including:
 - Being awarded a Dementia Care Specialist Pilot Project Grant;

- Being included in the Community Transportation Association of America's Transportation Study & transportation scheduling software purchase;
- Being asked to participate in the State Medical Society's "Honoring Choices Pilot Project."

There was a lot of discussion about how the ADRC is serving caregivers. Battenberg talked about a support group at St. Mark's Church in Watertown that is primarily comprised of congregation members, many who are caring for a spouse or parent with dementia. She was given LEEPS and MCC brochures to take to the next meeting.

2012 Year End Financial Statistical Report: Aging Programs

The Senior Dining Program served 28,283 meals in 2012 to 699 unduplicated persons. The cost per meal was \$11.60 or \$40.46 per person. With the change in caterer back to Feil's the number of meals served in 2013 is expected to significantly increase. Under Title III E (National Family Caregiver Program) 1,152 hours of respite care was provided to 26 caregivers. The average cost per hour was \$12.28 and \$44.30 per person. The last area of significant expense was personal care. The ADRC has a contract with the Jefferson County Health Department and they served 50 unduplicated persons by providing them 2,727 hours of services. The cost per hour is \$22.00 and averaged \$54.54 per person.

Set next meeting date and possible agenda items

The next meeting will be on March 5, 2013. Discussion will include

Adjourn

A motion to adjourn was made by Ronk, seconded by Mode and passed unanimously.

Respectfully submitted,

Susan Torum, Manager
Aging & Disability Resources Division